



The  
**Genius Project**  
Playbook

The event that is going to provide you the opportunity to develop your learning, memory and understanding and unleash your genius.

# DAY ONE

*Accelerated Learning: Foundational Principles*

## MARY CAY RICCI

### Nothing You Can't Do! The Secret Power of the Growth Mindset

[www.marycayricci.com](http://www.marycayricci.com)

Email: [marycayr@msn.com](mailto:marycayr@msn.com)

Upcoming Events: <https://marycayricci.com/presentation-schedule>

Resources: <https://marycayricci.com/resources>

#### Books:

- Create a Growth Mindset School: An Administrator's Guide to Leading a Growth Mindset Community
- Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids

## MATT COWDROY

### How to be a Productivity Ninja

[www.thinkproductive.com.au](http://www.thinkproductive.com.au)

Email: [matt@thinkproductive.com.au](mailto:matt@thinkproductive.com.au)

Facebook: [@thinkproductiveaustralia](https://www.facebook.com/@thinkproductiveaustralia)

Instagram: [@productivityninjaau](https://www.instagram.com/@productivityninjaau)

Blog: <https://thinkproductive.com.au/think-productive-australia-blog/>

Courses: <https://thinkproductive.com.au/acr/>

## JOHN ALMORADE

### Clarity for Learning: Five Essential Practices That Empower Students

[www.johnalmarode.com](http://www.johnalmarode.com)

Email: [almarojt@jmu.edu](mailto:almarojt@jmu.edu)

Workshops: <https://johnalmarode.com/workshops>

Resources: <https://johnalmarode.com/resources>

Blogs: <https://johnalmarode.com/blog-posts>

## PROF. TERRY DOYLE

### How to Prepare a Brain for Learning

[www.learnercenteredteaching.com](http://www.learnercenteredteaching.com)

Email: [doylet@ferris.edu](mailto:doylet@ferris.edu)

PH: 231 5809 737

Blogs: <https://learnercenteredteaching.wordpress.com/>

#### Books:

- The New Science of Learning: How to Learn in Harmony with Your Brain
- Helping Students Learn in a Learner-Centered Environment: A Guide to Facilitating Learning in Higher Education

# DAY ONE

*Accelerated Learning: Foundational Principles*

**DR SAUNDRA YANCY MACGUIRE**

**Understanding and Applying the Principle of Metacognition**

<https://faculty.lsu.edu/smcguil/>

Email: [smcguil@lsu.edu](mailto:smcguil@lsu.edu)

Publications and Presentations: <https://faculty.lsu.edu/smcguil/publications.php>

**Books:**

- Teach Students How to Learn
- Teach Yourself How to Learn

**Courses:**

- Teach Students How to Learn: Teaching for Metacognitive Equity

**NINA SUNDAY**

**8 Steps Smart Study Method**

[www.ninasunday.com](http://www.ninasunday.com)

[www.brainpowertraining.com.au](http://www.brainpowertraining.com.au)

Email: [ninasunday@brainpowertraining.com.au](mailto:ninasunday@brainpowertraining.com.au)

PH: 0408 076 004 | 07 3142 4617

Blog: <https://ninasunday.com/ninas-blog/>

**Books:**

- Workplace Wisdom for 9 to Thrive
- Brainpower Smart Study

**DR LARA HONOS-WEBB**

**6 Super Skills for Building Attention, Motivation and Emotional Regulation for Optimised Learning!**

[www.addisagift.com](http://www.addisagift.com)

Email: [drhonoswebb@gmail.com](mailto:drhonoswebb@gmail.com)

Facebook: The Gift of ADHD

Instagram: @giftofadhd

Twitter: @lhonoswebb

**Books:**

- Six Super Skills for Executive Functioning
- BRAINHACKS: Life-Changing Strategies to Improve Executive Functioning

**Courses:**

- Find Your ADHD Gifts: Command Your Future
- 6 Super Skills For Executive Functioning: A Parent's Guide to Mind Building
- A Strength Based Treatment for ADHD: The Six Super Skills

# DAY ONE

*Accelerated Learning: Foundational Principles*

## **KAM KNIGHT**

**Memory: Think Better, Learn Faster, Remember More**

<https://www.mindlily.com>

Email: [kam@mindlily.com](mailto:kam@mindlily.com)

Facebook: [@thekamknight](#)

Instagram: [@kam.knight](#)

Blogs: <https://www.mindlily.com/blog>

### **Books:**

- Mind Maps: Quicker Notes, Better Memory, and Improved Learning 3.0
- Triple Your Reading, Memory, and Concentration in 30 minutes

## **MICHAEL GELB**

**How to Think Like Leonardo Da Vinci**

[www.michaelgelb.com](http://www.michaelgelb.com)

[www.healingleader.com](http://www.healingleader.com)

Email: [gelb@chem.washington.edu](mailto:gelb@chem.washington.edu)

Upcoming Events: <https://michaelgelb.com/events>

Programs: <https://michaelgelb.com/programs>

Blog: <https://michaelgelb.com/blog>

### **Books:**

- How to Think Like Leonardo da Vinci: Seven Steps to Genius Every Day
- Brain Power: Improve Your Mind as You Age
- Body Learning: 40th anniversary edition: An Introduction to the Alexander Technique

### **Courses**

- Genius Mastery

# DAY TWO

*Accelerated Learning: Developmental Principles*

## **BRIAN WELLER**

### **Mind Mapping Mastery**

<https://brianjweller.com/>

Email: [horizonson@comcast.net](mailto:horizonson@comcast.net)

#### **Courses**

- Master Learning Skills
- Surfing into the Future
- Advanced Information Management

## **SID CHAWLA**

### **Spark Your Inner Genius**

[www.sidchawla.com](http://www.sidchawla.com)

Email: [hi@sidchawla.com](mailto:hi@sidchawla.com)

Facebook: [@Sids2Cents](#)

Instagram: [@Sids2Cents](#)

Coaching: <https://www.sidchawla.com/coaching>

Blog: <https://www.sidchawla.com/blog>

#### **Books:**

- Spark Your Inner Genius: Expand Your Creativity & Become the Smartest Person You Know
- Charisma Crush: 3 Powerful Lessons for Increasing Your Magnetism, Influencing People and Using the Law of Attraction for Manifesting Love and Success

#### **Courses**

- Success Formula
- Team Sunrisers

## **DR TODD SILER**

### **Think Like a Genius: Learning and Practicing Skills**

<http://www.toddsilerart.com>

Email: [toddsiler@alum.mit.edu](mailto:toddsiler@alum.mit.edu)

Guggenheim Museum: <https://www.guggenheim.org/>

Exhibitions: <http://www.toddsilerart.com/biography>

#### **Books:**

- Think Like A Genius: The Ultimate User's Manual for Your Brain
- Breaking the Mind Barrier: The Artscience of Neurology
- Collaborating for Change: Think Like A Genius Process

# DAY TWO

*Accelerated Learning: Developmental Principles*

## **PROF. ANNA GOLDENTOUCH**

### **Read Faster to Remember Better**

<https://www.keytostudy.com/hello-world/>

Email: [info@keytostudy.com](mailto:info@keytostudy.com)

Exercises: <https://www.keytostudy.com/category/exercises/>

Blog: <https://www.keytostudy.com/category/memory-techniques-speedreading-superlearning/>

#### **Books:**

- The Key to Study Skills: Simple Strategies to Double Your Reading, Memory, and Focus
- Become a Superlearner: Learn Speed Reading and Advanced Memorization

#### **Courses:**

- Become a SuperLearner: Learn Speed Reading & Boost Memory

#### **Podcasts:**

- Becoming Superhuman: Prof. Anna and Dr. Lev Goldentouch on Memory, Speed Reading, and Becoming a Superlearner

## **TIMOTHY KENNY**

### **Accelerated Learning for Entrepreneurs (and Students)**

[www.timothykenny.com](http://www.timothykenny.com)

Email: [support@timothykenny.com](mailto:support@timothykenny.com) | [timothy@timothykenny.com](mailto:timothy@timothykenny.com)

Twitter: [@timothy\\_kenny](https://twitter.com/timothy_kenny)

Facebook: [@timothykennypage](https://www.facebook.com/timothykennypage)

Youtube: Timothy Kenny

Blog: <https://timothykenny.com/blog/>

#### **Books:**

- Accelerated Learning for Entrepreneurs

#### **Courses:**

- <https://timothykenny.com/products-and-services/>
- End Game: The Ultimate Accelerated Learning System

## **YELLOWLEES DOUGLAS**

### **The Reader's Brain: How Neuroscience Can Make You a Better Writer**

<http://www.thebiomedicalwriter.com/>

<http://www.readersbrain.com/>

Email: [yellowleesdouglas@gmail.com](mailto:yellowleesdouglas@gmail.com)

#### **Books:**

- The Reader's Brain: How Neuroscience Can Make You a Better Writer
- The Biomedical Writer: What You Need to Succeed in Academic Medicine

# DAY TWO

*Accelerated Learning: Developmental Principles*

## **DR KEN HUDSON**

**Switch Thinking: How to Go Beyond the Usual, and Create New & Different Ideas, Solutions, Experiences & Growth Opportunities.**

www.drkenhudson.com

Email: ken@drkenhudson.com

PH: 61 (0) 9665 6762 | MOBILE: 61 (0) 412 323 824

Twitter: @Drkenhudson

Blog: <https://drkenhudson.com/blog/>

Resources: <https://drkenhudson.com/books-videos/mini-ken-videos/>

### **Books:**

- The Idea Generator: Tools for business growth
- The Idea Accelerator: How to solve problems faster using speed thinking
- Speed Thinking: How to thrive in a time-poor world

### **E-Book:**

- The Revenue Growth Alphabet

### **Workshops**

- Speed Thinking
- Switch Thinking

## **JAMES BANNERMAN**

**Creative Thinking Blueprint**

www.jamesbannerman.com

www.geniusthinking.co.uk

Email: info@jamesbannerman.com

Twitter: @geniusjcb

Blog: <http://www.geniusthinking.co.uk/genius-moments/>

### **Books:**

- Business Genius ePub: Deceptively Simple Ways to Excel at Work
- Genius! Deceptively Simple Ways to Become Instantly Smarter

### **Courses:**

- Gen!us: Business
- Gen!us: Open

# DAY THREE

*Strengthening Your Super-Learning*

**BARBARA ARROWSMITH-YOUNG**

**Behaviour through a Cognitive Lens: A Neuroplastic Approach to Learning**

[www.arrowsmithschool.org](http://www.arrowsmithschool.org)

Email: [info@arrowsmithprogram.ca](mailto:info@arrowsmithprogram.ca)

Facebook: [@arrowsmithprogram](https://www.facebook.com/arrowsmithprogram)

Youtube: [Arrowsmith Program](https://www.youtube.com/ArrowsmithProgram)

Blog: <https://arrowsmithschool.org/blog-2/>

## **Books:**

- The Woman who Changed Her Brain

## **Programs:**

- Cognitive Enhancement Program
- Motor Symbol Sequencing Remote Program
- Symbol Relations Remote Program

## **Events:**

- Webinar Series: Shaping Our Brain
- The Brain: Our Most Important Asset
- Arrowsmith School 2022 Virtual Open House

**KARY OBERBRUNNER**

**Unhackable: How to Accelerate your Learning by Leveraging Flow**

<https://karyoberbrunner.com/>

Email: [support@ignitingsouls.com](mailto:support@ignitingsouls.com) | [support@karyoberbrunner.com](mailto:support@karyoberbrunner.com)

Facebook: [@karyoberbrunnerauthor](https://www.facebook.com/karyoberbrunnerauthor)

Youtube: [Kary Oberbrunner](https://www.youtube.com/KaryOberbrunner)

## **Books:**

- Unhackable
- Elixir Project

## **Podcasts:**

- Blockchain Life: Your World Connected and Disconnected

## **Programs:**

- Igniting Souls
- The Deeper Path - Coaching Cohort
- Day Job to Dream Job - Bootcamp

## **Events:**

- Igniting Souls Conference

# DAY THREE

*Strengthening Your Super-Learning*

## **WILL LEACH**

### **Who's Your Favourite Superhero?**

<https://www.mindstategroup.com/>

Email: [will.leach@mindstategroup.com](mailto:will.leach@mindstategroup.com)

Facebook: The Mindstate Marketing Society

Youtube: The Mindstate Group

Resources: <https://www.mindstategroup.com/resources>

Blog: <https://www.mindstategroup.com/mindstate-marketing-hour>

#### **Books:**

- Marketing to Mindstates

#### **Programs:**

- Mindstate Marketing Masterclass
- Mindstate Marketing Starter Package

## **DR BERIT BROGAARD**

### **The Superhuman Mind**

<https://sites.google.com/site/brogaardb/>

Email: [brit@miami.edu](mailto:brit@miami.edu)

LinkedIn: Berit Brogaard

Twitter: @BritHereNow

#### **Books:**

- On Romantic Love: Simple Truths about a Complex Emotion (Philosophy in Action)
- The Superhuman Mind: Free the Genius in Your Brain
- Hatred: Understanding Our Most Dangerous Emotion

## **DR HARALD HARUNG**

### **World-Class Brain and How to Develop It**

<https://harvest.no/>

Email: [harald.harung@oslomet.no](mailto:harald.harung@oslomet.no)

#### **Books:**

- World Class Brain: The Edge that Helps Peak Performers Succeed & How You Can Develop It
- Excellence through Mind-brain Development: The Secrets of World-class Performers

# DAY THREE

*Strengthening Your Super-Learning*

## **DR PATRICK PORTER**

### **Mind Technology for the 21st Century**

<https://drpatrickporter.com/>

Email: [pporter@braintap.com](mailto:pporter@braintap.com) | [tmassey@braintap.com](mailto:tmassey@braintap.com)

PH: (302) 721-6677

Facebook [@drpatrickporter](#)

Instagram: [@drpatrickporter](#)

Twitter: [@patrickporter](#)

Blog: <https://braintap.com/blog/>

Braintap: <https://drpatrickporter.com/store/>

#### **Books:**

- Awaken the Genius: Mind Technology for the 21st Century
- Thrive in Overdrive
- Awaken Your Flourishing Brain

#### **Events:**

- Super Conference by the Masters Circle Global
- Breakthrough Medicine Conference
- Immersive Wellness Medicine Summit

## **RANDOLPH H. PHERSON**

### **Integrating Critical Thinking Skills into Your Daily Life**

[www.globalytica.com](http://www.globalytica.com)

Email: [think@globalytica.com](mailto:think@globalytica.com)

PH: 703 855 5542

Blogs: <http://www.globalytica.com/analytic-insider-blog/>

Case Studies: <http://www.globalytica.com/case-studies/>

Resources: <https://shop.globalytica.com/>

#### **Books:**

- Structured Analytic Techniques for Intelligence Analysis
- Critical Thinking for Strategic Intelligence

#### **Programs:**

- Customised Training
- Professional Certification
- Consulting and Mentoring

# DAY THREE

*Strengthening Your Super-Learning*

## QUINT STUDER

**Developing the Leader in YOU**

<http://www.quintstuder.com/>

Email: [quint@quintstuder.com](mailto:quint@quintstuder.com) | [info@quintstuder.com](mailto:info@quintstuder.com)

Facebook: Quint Studer

Instagram: @qdstuder

Twitter: @quint\_studer

### Books:

- The Busy Leader's Handbook: How to Lead People and Places That Thrive
- Straight A Leadership: Alignment, Action, Accountability
- Hardwiring Excellence: Purpose, Worthwhile Work, Making a Difference

### Podcasts:

- The Busy Leader's Podcast

## DR SHAD HELMSTETTER

**Your Genius Self-Talk**

<https://shadhelmstetter.com/>

Email: [directorselftalkinstitute@gmail.com](mailto:directorselftalkinstitute@gmail.com)

Facebook: Shad Helmstetter

Instagram: @drshadhelmstetter

Twitter: @ShadHelmstetter

### Books:

- What to Say When You Talk to Your Self
- Negative Self Talk and How to Change It

### Programs and Courses:

- Self Talk Programs: A Service of the Self-Talk Institute
- The Life Coach Institute
- Certified Self Talk Trainer

## JANE HOGAN

**Heart-Brain Coherence for Optimum Cognitive Function and Stress Resilience**

<https://www.janehoganhealth.com/>

Email: [jane@janehoganhealth.com](mailto:jane@janehoganhealth.com)

Facebook and Instagram: @JaneHoganHealth

### Podcast:

- Wellness by Design
- Relief with Peace

# DAY FOUR

*Breakthroughs in Learning and Deep Dive: The Science of Accelerated Learning*

## **DR JUDY WILLIS**

### **Addressing Trauma and Stress with Neuroscience Evidence-Based Guidance**

[www.RADteach.com](http://www.RADteach.com)

Email: [jwillisneuro@gmail.com](mailto:jwillisneuro@gmail.com)

Interviews: <https://radteach.com/styled-27/index.html>

Workshops: <https://radteach.com/styled-2/index.html>

#### **Webinars:**

- Understanding by Design Meets Neuroscience

#### **Books:**

- Research-Based Strategies to Ignite Student Learning
- Upgrade Your Teaching: Understanding by Design Meets Neuroscience
- Mind, Brain, and Education: Neuroscience Implications for the Classroom

## **DR CHRISTINE RANCK**

### **Harness Your Visual Field: The Creative Power of Brainspotting**

<https://brainspotting-training.com>

Email: [chris@brainspotting-training.com](mailto:chris@brainspotting-training.com)

Resources: <https://brainspotting-training.com/resources/>

Seminars: Cassidy Seminars Phase I

#### **Books:**

- Ignite the Genius Within: Discover Your Full Potential

#### **Courses:**

- Brainspotting Training
- Advanced Brainspotting Training

#### **Program:**

- Ignite The Genius Within

## **DR KERSTIN OBERPRIELER**

### **Who's Your Favourite Superhero?**

<https://www.pentaquest.io/>

Email: [kerstin@pentaquest.io](mailto:kerstin@pentaquest.io)

Facebook: [@PentaQuest.io](https://www.facebook.com/PentaQuest.io)

Twitter: [@KerstinOberprie](https://twitter.com/KerstinOberprie)

Blog: <https://www.pentaquest.io/blog>

# DAY FOUR

*Breakthroughs in Learning and Deep Dive: The Science of Accelerated Learning*

## **GILL BENTHAM**

**Unravel the Seven Knots of Frustration so you can Align Creative Desire with Expression**

<https://gillbentham.com/>

Email: [admin@gillbentham.com](mailto:admin@gillbentham.com)

PH: +7790049357

Facebook: [@gilldeclares](#)

Twitter: [@gillscott\\_uk](#)

Blog: <https://gillbentham.com/blog/>

### **Books:**

- As If: Steering Your Life Without Strife, Navigating from Fantasy to Faith and Rising from Delusion into Destiny

### **Courses:**

- The Seven Knots of Frustration TM Course
- The Sabotaged Soul - Disentangling your Genius!
- Disentangling Genius
- Women as God Intended

### **Events:**

- Pen and Voice Tour

## **DIANE HICKMAN**

**Learning is the New Pension**

Email: [golfacbd@iinet.net.au](mailto:golfacbd@iinet.net.au)

LinkedIn: Diane Hickman - Leadership and Capability, Australian Public Service Commission

### **Articles:**

- Reimagining Learning and Development in the Public Sector

## **DR MICHAEL MERZENICH**

**Brain and Health Plasticity**

<https://www.michaelmerzenich.com/>

Email: [michael.merzenich@positscience.com](mailto:michael.merzenich@positscience.com)

### **Books:**

- Soft-Wired: How the New Science of Brain Plasticity Can Change your Life

### **Programs:**

BrainHQ: Brain Exercises, Brain Training

# DAY FOUR

*Breakthroughs in Learning and Deep Dive: The Science of Accelerated Learning*

## **DR JOHN B. ARDEN**

### **Mind-Brain-Gene: Toward Healthcare Integration**

[www.drjohnharden.com](http://www.drjohnharden.com)

Email: [drjohnharden@gmail.com](mailto:drjohnharden@gmail.com)

Facebook: [@john.arden.96](https://www.facebook.com/john.arden.96)

Youtube: John Arden

Workshops: <https://drjohnharden.com/seminars-workshops/>

Online Courses: <https://drjohnharden.com/media/online-courses/>

Resources: <https://drjohnharden.com/media/dvds-and-cds/>

#### **Books:**

- Mind-Brain-Gene: Toward Psychotherapy Integration
- Rewire Your Brain
- Brain2Brain: Enacting Client Change Through the Persuasive Power of Neuroscience

#### **Webinars:**

Brain, Body and Recovery from Addiction

Energy to Mind

SEEDS: The Five Brain, Immune, and Gene Healthy Factors

Therapeutic Applications of Neuroscience, Psychoneuroimmunology, and Epigenetics

## **ROBERT KURZBAN**

### **The Science of Self-Control: Lessons Learned**

<https://re-writers.com/>

<https://www.optimal-auctions.com/>

Email: [rkurzban@gmail.com](mailto:rkurzban@gmail.com)

Facebook: [@robkurzban](https://www.facebook.com/robkurzban)

Twitter: [@rkurzban](https://twitter.com/rkurzban)

Blog: <http://robertkurzban.org/blog/>

#### **Books:**

- Why Everyone (Else) Is a Hypocrite: Evolution and the Modular Mind
- The Hidden Agenda of the Political Mind: How Self-Interest Shapes Our Opinions and Why We Won't Admit It

#### **Resources:**

- Optimal Auctions App

#### **Testimonials**

- RE: Writers

# DAY FOUR

*Breakthroughs in Learning and Deep Dive: The Science of Accelerated Learning*

## **PROF. JOSEPH LE DOUX**

**The Deep History of Ourselves: The Four-Billion-Year Story of How We Got Conscious Brains**

<https://joseph-ledoux.com/>

Email: [jell@nyu.edu](mailto:jell@nyu.edu) | [joseph.ledoux@nyu.edu](mailto:joseph.ledoux@nyu.edu)

Facebook: Joseph LeDoux

Twitter: @theamygdaloid

Blogs: I Got Mind to Tell You

Articles: <https://www.huffpost.com/author/joseph-ledoux>

### **Books:**

- The Deep History of Ourselves
- The Emotional Brain: The Mysterious Underpinnings of Emotional Life
- Anxious: Using the Brain to Understand and Treat Fear and Anxiety

### **Articles:**

- For What It's Worth
- For the Anxious, Avoidance Can Have an Upside
- Getting Anxiety Right

## **TREVOR MACKENZIE**

**The Inquiry Mindset and Inquiry-Based Learning**

[www.trevormackenzie.com](http://www.trevormackenzie.com)

Email: [tmackenzie@sd61learn.ca](mailto:tmackenzie@sd61learn.ca)

Facebook: Trevor Mackenzie

Youtube: Trevor Mackenzie

Instagram: @tntmackenzie

Twitter: @trev\_mackenzie

Blog: <https://www.trevormackenzie.com/posts>

Resources: <https://www.trevormackenzie.com/videos>

Podcasts: <https://www.trevormackenzie.com/podcasts>

### **Books:**

- Inquiry Mindset Assessment Edition: Scaffolding a Partnership for Equity and Agency in Learning
- Inquiry Mindset: Nurturing the Dreams, Wonders, and Curiosities of Our Youngest Learners
- Dive into Inquiry: Amplify Learning and Empower Student Voice